

## January—February

### 2019 Class Dates:

#### Tuesdays

Jan. 8, 15, 22, 29 Feb. 5, 12, 19, 26  
6:30-6:50pm Off-Ice Training  
7:00-8:00pm On-Ice Training

#### Saturdays

Jan. 5, 12, 19, 26 Feb. 2, 9, 16, 23  
12:15-12:35pm Off-Ice Training  
12:45-1:45pm On-Ice Training

#### How do I use my practice ice time?

Skaters will receive a Public Session Punch Card for 8 free public skating admissions. These can be used during any of our Public Skating sessions between January 5th—February 28th. Admissions are not transferable. *\$3.00 Skate Rental fee if needed.*

#### How can I schedule a private lesson?

Private lessons are available for any skater who is wishing to improve their skills. Ice fees are additional to the cost of the private lessons. We recommend that skaters in the Bridge Program also take weekly private lessons.

#### Important Class Policies:

**Make-Ups:** There are no make-up classes for any missed classes.

**Cancellations:** Classes may be combined due to lack of enrollment. Cancellations may occur if registration fails to meet the required number of students. If a class is canceled, the arena will attempt to notify participants. An additional per class fee taken applies. (Per class fee determined by the total amount paid divided by the number of class weeks.)

**Credits:** Credits are not issued after the second lesson. Granted credits are applied to the next Learn to Skate session.

**Transfers:** There are no transfers within the Learn to Skate program. Skaters may not switch days or times once classes start.

**Refunds:** A \$25.00 administrative fee applies to any class withdrawals and/or refunds. An additional per class fee taken applies. (Per class fee determined by the total amount paid divided by the number of class weeks.) No refunds will be processed by the front office, please contact the Skating School directly. No refund requests will be accepted after the second class except for refunds due to injury. Please email a written request, along with a doctor's note if due to injury, to the Skating School. Processing a refund may take up to 6 weeks.

**For additional information about our Bridge program or Private Lessons please contact our Skating School at (973) 775-9366 or email [WTrif@Morrisparks.net](mailto:WTrif@Morrisparks.net).**



## January - February 2019

# Bridge Training Program

*For skaters Basic 5 level  
and above.*

**Classes Begin:  
January 5, 2019**

**Registrations must be submitted at least  
48 hours before the start of class.**

*enjoy the  
experience*  
morris county park commission

## January - February Class Pricing:

Classes include 20 minutes Off-Ice Training instruction and 60 minutes On-Ice instruction.

\*Skate rentals are not included. Skate rental fee is \$3 per class.

### **Discounts & Coupons:**

- \*10% off a 2nd family member's enrollment.
- \*20% off a 3rd family member's enrollment.
- \*Sign-up for two classes per week for the same skater and get 15% off of the second class fee.
- \*All coupons must be present at the time of sign-up with full payment.

**Tuesdays (8 Weeks)                      \$250.00**

6:30-6:50pm Off-Ice Training

7:00-8:00pm On-Ice Training

**Saturdays (8 Weeks)                      \$250.00**

12:15-12:35pm Off-Ice Training

12:45-1:45pm On-Ice Training

# Mennen Arena's Bridge Training Program

For skaters who are Basic 5 level or above in our Learn to Skate program or who are currently taking private lessons. This program is comprised of a 20 minute Off-Ice training class and a 60 minute On-Ice training class. Our mission is to teach skaters the fundamentals of figure skating in a group setting at an economical price. The Bridge Training Program is focused on building a strong skating foundation so that skaters can easily transition to figure skating. Skaters will learn skills from multiple levels and disciplines.

Each week skaters will start with an Off-Ice Training clinic which will focus on stretching, core strengthening and jump technique. Skaters should wear proper skating attire and sneakers to class. *(See below for information regarding proper skating attire.)*

Skaters will participate in an On-Ice circuit training class which will focus on jumps, spins, edge work and artistry. Skaters will be divided into groups based not only on their test level, but also by what skills they can perform. Skaters may be moved from one group to another throughout the session. Skaters will receive a progress report at the end of the 6-8 week session summarizing what skills they have learned. Evaluations for exact test levels must be done through a private lesson. *(See back of page for private lesson information.)*

**Skating Attire:** Skaters must wear tight fitting leggings or pants that allow for easy movement and flexibility. Skating dresses and tights are also permitted. Gloves and a sweater/jacket are recommended. Hooded sweatshirts should not be worn as it hinders a skaters ability to spin and jump correctly. Bulky clothing that restricts movement should not worn. Skaters are strongly encouraged to purchase and wear their own skates.

Skater #1: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Male or Female: M / F Select day: Tuesday Saturday

Current Skating Level: \_\_\_\_\_ Name of coach if currently taking private lessons: \_\_\_\_\_

Skater #2: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Male or Female: M / F Select day: Tuesday Saturday

Current Skating Level: \_\_\_\_\_ Name of coach if currently taking private lessons: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_

**Method of Payment:** Check (Payable to "Morris County Park Commission" MCPC)

CC #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Card Holder Name: \_\_\_\_\_